

A Peek Into the Disciplines: The Discipline of Worship

Main Text: Romans 12:1-5 ESV

Worship is a lifestyle of obedience and sacrifice that acknowledges the true “worth” and supreme authority of God as King.

FIRST — who He is (His unshakeable character and sovereignty)

SECOND — what He has done for us (His grace, mercy, and salvation)

THE OBJECT OF OUR WORSHIP

Genesis 22:5

THE MEANS OF OUR WORSHIP

Romans 12:1

Mark 12:30

THE CONTEXT OF OUR WORSHIP

Acts 2:42-47

THE EXPRESSION OF OUR WORSHIP

Colossians 3:16

Revelation 5:12

OBJECT YHWH alone — His unshakeable character, not our fleeting emotions.

MEANS The totality of our daily, physical lives — our bodies as living sacrifices.

CONTEXT The local body of Christ — standing shoulder-to-shoulder.

EXPRESSION Sound theology bursting into song — a surrendered heart over a polished performance.

Small Group Questions:

1. We often reduce the concept of worship to just singing songs on a Sunday morning. How does redefining worship as a continuous "lifestyle of obedience and sacrifice" change the way you view your normal, everyday routines?
2. True worship acknowledges God first for who He is (His unshakeable character) and second for what He has done (His grace and salvation). Why is it dangerous to base our worship solely on what God is currently doing for us in our immediate circumstances?
3. In Genesis 22:5, Abraham is on his way to sacrifice his son, yet he tells his servants, "We will worship and then we will come back to you". What does this reveal about the deep connection between authentic worship and costly surrender?
4. Romans 12:1 urges us to present our physical bodies as a "living sacrifice". What is one practical way you can use the totality of your daily, physical life as a means of worshiping God this week?
5. It is incredibly easy to let our worship be dictated by our current mood, but we are called to focus on YHWH alone and His unshakeable character rather than our fleeting emotions. How do you personally fight to maintain a posture of worship when your emotions are pulling you in the opposite direction?
6. Looking at the vibrant early church in Acts 2:42-47, we see that the proper context of our worship is the local body of Christ "standing shoulder-to-shoulder". How does isolating ourselves from fellow believers actively hinder our ability to truly worship God?
7. Colossians 3:16 talks about letting the word of Christ dwell in us richly through singing. Why is it vital for our corporate worship to be "sound theology bursting into song" rather than just catchy melodies?
8. True, biblical expression of worship always values a "surrendered heart over a polished performance". In a culture that constantly idolizes talent and production value, how can we keep our focus on simply surrendering our hearts during church services?
9. As we begin this new series on spiritual disciplines, which specific area of worship—the object, the means, the context, or the expression—do you feel God is challenging you to grow in the most right now?